

Abdominal Therapy For Professionals - Part 2

March 19-25, 2021

Join Dr. Rosita Arvigo and Eva Sengfelder in this four day class. This is your opportunity to work closely with the founder of this work.

Only ten places available.



Class fee \$1,950 USD



Rainforest Remedies

Building upon the anterior foundations of Abdominal Therapy as taught by Dr. Rosita Arvigo, this class dives deep into the posterior aspects of ATC's work.

Using our unique *Health Story* consultation, and working on lower back, hips and sacrum, in conjunction with ATC's anterior sequence, you'll be able to offer a complete and detailed Abdominal Therapy treatment to your clients.

You will:

- ② Already have completed anterior training in abdominal therapy based upon the teachings of Dr. Rosita Arvigo.
- ② Review and revise your skills learned during your anterior abdominal therapy training.
- ② Share your professional experience so far working with the anterior treatment.
- ② Delve deeper into the structural architecture of the pelvis.
- ② Learn how to perform the posterior aspects of Abdominal Therapy.
- ② Explore specific common pelvic conditions in detail.
- ② On completion you will receive a certificate of attendance.



Class room at Arco Iris

The week is held at Eva Sengfelder's beautiful tropical home *Arco Iris Permaculture Farm* in Cayo District, Belize. This is home to *Rainforest Remedies* where you'll see how these herbal remedies are grown and produced.

All this is included...

- ☉ All vegetarian meals (vegan or meat on request).
- ☉ Accommodation.
- ☉ Airport transfers.
- ☉ Class materials.
- ☉ 'Play day' excursion.



Arco Iris Permaculture Farm

Book your place now. Class is strictly limited to 10 participants.

Email Eva: belizeclasses@gmail.com

Price: \$1,950 USD - Flights not included.

Deposit: \$450 USD

Refund: All but \$100 USD will be refunded if you or we have to cancel due to Covid-19 restrictions. This will be held and can be redeemed towards the cost of the next available class in Belize with Dr. Rosita Arvigo and Eva Sengfelder.

Balance due: 10 days before class starts.

Covid-19: *Arco Iris Permaculture Farm* is fully compliant with Covid-19 safety measures.

[Click here for the latest COVID-19 Belizean Government guidelines.](#)



Jungle Cafe